

COVER SHEET

OSCAR L. GOMEZ
2005 JAN 10 AM 10:24

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BENPRES HOLDINGS CORPORATION

Company's Full Name

5/f Benpres Bldg. Exchange Rd., cor. Meralco Ave. Ortigas Ctr., Pasig City

Company's Address: No. Street City/Town/Province

631-3111

(Company's Telephone Number)

December 31, 2005
(Fiscal Year Ending)
(Month & Day)

(Annual Meeting)

Statement of Changes in Beneficial Ownership
(FORM TYPE)

(Amendment Designation if Applicable)

(Secondary License Type, if any)

Cashier

LCU

DTU

SEC Reg. No.

Central Receiving Unit

Document I.D.

*CFR # 123-2005
1/10/04*

SECURITIES AND EXCHANGE COMMISSION
Metro Manila, Philippines

FORM 23-B

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 23 of the Securities Regulation Code

Check box if no longer subject to filing requirement

1. Name and Address of Reporting Person Rommel S. Duran (Last) (First) (Middle)		2. Issuer Name and Trading Symbol Benpres Holdings Corp.		7. Relationship of Reporting Person to Issuer (Check all applicable)				
5/F Benpres Bldg. Exchange Rd. (Street)		3. Tax Identification Number 124-356-041		Director <input checked="" type="checkbox"/> 10% Owner				
cor. Meralco Ave. Ortigas Ctr. (City) (Province) (Postal Code)		4. Citizenship Filipino		Officer (give title below) <input type="checkbox"/> Other (specify below) <input type="checkbox"/>				
Pasig City		5. Statement for Month/Year As of Dec, 2004		8. If Amendment, Date of Original (Month/Year)				
Table 1. Equity Securities Beneficially Owned								
1. Class of Equity Security	2. Transaction Date (Month/Day/Year)	3. Securities Acquired (A) or Disposed of (D)			4. Amount of Securities Beneficially Owned at end of Month	5. Percentage Held	6. Ownership Form: Direct (D) or Indirect (I) *	7. Nature of Indirect Beneficial Ownership
		Amount	(A) or (D)	Price				
LOPEZ, INC.	12.29.04	20,000	(D)	Php0.38	2,403,103.76	52%	45% D	

Reminder: Report on a separate line for each class of equity securities beneficially owned directly or indirectly

(Print or Type Responses)

- (1) A person is directly or indirectly the beneficial owner of any equity security with respect to which he has or shares:
 - (A) Voting power which includes the power to vote, or to direct the voting of, such security, and/or
 - (B) Investment power which includes the power to dispose of, or to direct the disposition of, such security
- (2) A person will be deemed to have an indirect beneficial interest in any equity security which is
 - (A) held by members of a person's immediate family sharing the same household,
 - (B) held by a partnership in which such person is a general partner;
 - (C) held by a corporation of which such person is a controlling shareholder, or
 - (D) subject to any contract, arrangement or understanding which gives such person voting power or investment power with respect to such security.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., warrants, options, convertible securities)

1 Derivative Security	2 Conversion or Exercise Price of Derivative Security	3 Transaction Date (Month/Day/Yr)	4 Number of Derivative Securities Acquired (A) or Disposed of (D)		5 Date Exercisable and Expiration Date (Month/Day/Year)		6 Title and Amount of Underlying Securities		7 Type of Derivative Security	8 Type of Derivative Securities Beneficially Owned at End of Month	9 Ownership Form of Derivative Security, Direct (D) or Indirect (I)	10 Nature of Immediate Beneficial Ownership
			Amount	(A) or (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses

Intentional misstatements or omissions of facts is a Criminal Violation under the SEC.

Note: File five (5) copies of this form, one of which must be manually signed by the reporting person, otherwise, attach a copy of a Special Power of Attorney authorizing such other person to sign in behalf of the reporting person.

Attach additional sheets if space provided is insufficient

Rommel S. Duran
ROMMEL S. DURAN

Signature of Reporting Person

Jan. 6, 2005

Date

RECEIVED BY: []
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